

# New Client Worksheet

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Name:

State/Country:

Time zone:

Phone:

Email:

Skype:

Best times for phone sessions: Weekdays | Weekends | Evenings | Other (please explain)

Spouse/Partner:

Children names, ages:

How did you find me? (podcasts, website, referral, other)

Please describe what led you to contact me. Do you want reassurance? Emotional support? New ideas? Alternative solutions? Briefly list any topics, issues, questions or goals you would like to address during our time together.

If we worked together for a month (4 sessions over 4 weeks), what would you like to see in yourself and/or your life as a result? How would we be able to tell that our conversations had been productive?

What rate? (see <http://amychilds.com/consultations/>)

If you have a photo of yourself or your family, please feel free to include that when you mail this back to me so I can see your faces 😊